## SPRINGFIELD PUBLIC SCHOOLS

PRE-PLATE LUNCH SEPTEMBER 2024

Monday	Tuesday	Tuesday Wednesday Thursday F		
8/26	8/27	8/28	8/29	Friday 8/30
Cheeseburger with	Chicken Nugget with		and the second s	
Baked Beans & Tater	Steamed Corn and	and Cheese Sauce with	Spaghetti with Beef Meatballs, Steamed	Cheese Pizza
Tots	Carrots served with	Nacho Chips with Celer		with Steamed Carrots
1000	Dinner Roll	Sticks and Carrot Stick		& Green Beans
1		Sticks and Carrot Stick	3	
Turkey & Cheese	Chicken Caesar Salad	Turkey & Cheese	Chicken Caesar Salad	Turkey & Cheese
Sandwich with Carrot		Sandwich with Bean	with Roll, Broccoli	Sandwich with Carrot
Sticks & Celery Sticks	& Com Salsa	Salad & Celery Sticks	Florets & Celery Sticks	
0/2				
9/2	9/3	9/4	9/5	9/6
NO	Spanish Beef, Rice with	h Cheddar Chicken Bowl	Mac & Cheese with	Cheese Pizza with
SCHOOL	Green Beans and	with Mashed Potatoes	Broccoli and Carrots	Steamed Carrots and
	Cauliflower	and Steamed Corn		Broccoli
	Turkou Ham 0 Cl	m	St 00 1 1 11 - 11	
	Turkey Ham & Cheese Sandwich w/Broccoli			Turkey Ham & Cheese
	and Corn Salsa		Celery Stick & Carrot	Sandwich with Bean
1	and Com Saisa	and Corn Salsa	Stick	Salad & Carrot Stick
	,			
9/9	9/10	9/11	9/12	9/13
Chicken Patty Sandwich		Chicken Nuggets with	Beef & Potato	Cheese Pizza
with Steamed Carrots	with Cauliflower and	Potato Wedges, Baked	Empanada Cauliflower	with Steamed Carrots
and Mixed Veggies	Green Beans	Beans and a Roll	& Green Beans	& Green Beans
Turkey & Cheese	Crienty Chiefren Calad	T. 1 0 CI		
Sandwich with Carrot	Crispy Chicken Salad with Roll, Celery &	Turkey & Cheese	Crispy Chicken Salad	Turkey & Cheese
Sticks & Celery Sticks	Grape Tomatoes	Sandwich with Bean Salad & Celery Sticks	with Roll, Celery &	Sandwich with Carrot
The state of the s	Grape Tomatoes		Grape Tomatoes	Sticks & Celery Sticks
9/16	0/17	0/10		
Pepperoni Calzone	9/17 Chicken Alfredo with	9/18	9/19	9/20
with Steamed Corn,	Steamed Broccoli &	Sazon Roasted Turkey w/ Seasoned Rice and	Pancakes, Sausage,	Cheese Pizza with
Green Beans & Sauce	Carrots	CNC Habichuelas	Tater Tots, and Syrup	Steamed Carrots and
	Currons	CIVE Habichucias		Broccoli
Turkey Ham & Cheese	Buffalo Chicken Salad	Turkey Ham & Cheese	Buffalo Chicken Salad	Turkey Ham & Cheese
Sandwich w/Bean Salad	with Roll, Carrot	Sandwich w/Broccoli		Sandwich w/Bean Salad
& Carrot Sticks	Sticks & Corn Salsa	and Corn Salsa	Sticks & Corn Salsa	& Carrot Sticks
0.000				~ Callot Sticks
Cheeseburger with	9/24	9/25	9/26	9/27
Baked Beans & Tater	Chicken Nugget with	Black Bean Hummus	Spaghetti with Beef	Cheese Pizza
Tots		and Cheese Sauce with	Meatballs, Steamed	with Steamed Carrots
100		Nacho Chips with Celery	Broccoli & Corn	& Green Beans
	Dinner Roll	Sticks and Carrot Sticks		
Turkey & Cheese	Chicken Caesar Salad	Turkey & Channel	Oli 1 a a a a	
Sandwich with Carrot	with Roll, Carrot	Turkey & Cheese	Chicken Caesar Salad	Turkey & Cheese
Sticks & Celery Sticks Sticks & Corn Sal		Sandwich with Bean	with Roll, Broccoli	Sandwich with Carrot
	Com Saisa	Salad & Celery Sticks	riorets & Celery Sticks	Sticks & Celery Sticks
	Sunbutter &	Jelly Conducish OD CI		

Sunbutter & Jelly Sandwich OR Cheese Sandwich Assorted Fresh Fruit 1% White, Fat Free Flavored or Fat Free White Milk

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## SPRINGFIELD PUBLIC SCHOOLS PRE-PLATE LUNCH SEPTEMBER 2024

9/30	10/1	10/2	10/3	10/4	
Corn Dog with Steamed Carrots and Baked Beans	Beef & Potato Empanada Cauliflower & Green Beans	Cheddar Chicken F	Sowl Sloppy Joe Sandwich with Cauliflower and	Cheese Pizza with Steamed Carrots and Broccoli	
Turkey Ham & Cheese Sandwich w/Bean Salad & Carrot Stick		Turkey Ham & Ch Sandwich w/Broc and Corn Sals	coli Bean Salad & Carrot	Turkey Ham & Cheese Sandwich w/Bean Salad & Carrot Stick	
Offered Daily:					
Sunbutter & Jelly Sandwich OR Cheese Sandwich					
Assorted Fresh Fruit					
1% White Fot Free Flavored on Fat Free Str.					
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES  Menu items are subject to change					

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## SPRINGFIELD PUBLIC SCHOOLS COLD BIC SEPTEMBER 2024

8/30  Belvita Blueberry Breakfast Biscuit OR Assorted Cereal  Lemon Blueberry Bite Fresh Whole Fruit 100% Juice 1% or Fat Free Milk 9/6  Belvita Blueberry Breakfast Biscuit  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	
Breakfast Biscuit OR Assorted Cereal  Lemon Blueberry Bite Fresh Whole Fruit 100% Juice 1% or Fat Free Milk 9/6  Belvita Blueberry Breakfast Biscuit  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice	
Breakfast Biscuit OR Assorted Cereal  Lemon Blueberry Bite Fresh Whole Fruit 100% Juice 1% or Fat Free Milk 9/6  Belvita Blueberry Breakfast Biscuit  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice	
Assorted Cereal  Lemon Blueberry Bite Fresh Whole Fruit 100% Juice 1% or Fat Free Milk 9/6  Belvita Blueberry Breakfast Biscuit  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice	
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1% or Fat Free Milk 9/6  Belvita Blueberry Breakfast Biscuit  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice	
9/6  Belvita Blueberry Breakfast Biscuit  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice	
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Assorted Cereal String Cheese Fresh Whole Fruit 100% Juice	
Assorted Cereal String Cheese Fresh Whole Fruit 100% Juice	
String Cheese Fresh Whole Fruit 100% Juice	
Fresh Whole Fruit 100% Juice	
Fresh Whole Fruit 100% Juice	
100% Juice	
1% of Pat Free Milk	
9/13	
Belvita Blueberry	
Breakfast Biscuit	
OR	
Assorted Cereal	
Ciant Caldfish Consis	
Giant Goldfish Cracke Fresh Whole Fruit	
100% Juice	
1% or Fat Free Milk	
9/20	
Belvita Blueberry	
Breakfast Biscuit	
OR	
Assorted Cereal	
ABSOLICE COLORI	
Giant Goldfish Cracke	
Fresh Whole Fruit	
100% Juice	
1% or Fat Free Milk	
9/27	
Belvita Blueberry	
Breakfast Biscuit	
Breakfast Biscuit OR	

Giant Goldfish Cracker	Local Granola	Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	String Cheese	Giant Goldfish Cracker
Fresh Whole Fruit	Fresh Whole Fruit		Fresh Whole Fruit	Fresh Whole Fruit
100% Juice	100% Juice		100% Juice	100% Juice
1% or Fat Free Milk	1% or Fat Free Milk		1% or Fat Free Milk	1% or Fat Free Milk

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## SPRINGFIELD PUBLIC SCHOOLS COLD BIC SEPTEMBER 2024

9/30	10/1	10	/2		
Pumpkin Spice Muffin	OMM Everything Bagel			10/3	10/4
	w/ Cream Cheese or Jelly OR Assorted Cereal	Chocolate Ol Assorted	R	Cherry Pocket OR Assorted Cereal	Belvita Blueberry Breakfast Biscuit OR Assorted Cereal
Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Wh	Juice	Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Giant Goldfish Cracker Fresh Whole Fruit 100% Juice
PLEASE INFORM YOUR	SERVER OF ANY FOOD A	LIEDCIES		Manu itams are subject	1% or Fat Free Milk

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